

School Activity Planner

Session 2022-23

**OUR LADY OF FATIMA
CONVENT SECONDARY
SCHOOL**
SECTOR 14 , GURUGRAM



**“Be generous, grow in holiness and remember
the favours the Lord has bestowed on you.”
-Venerable Mother Seraphina**

Our Lady of Fatima Convent Secondary School, Gurgaon is run by the Institute of the Franciscan Clarist Missionaries of the Most Blessed Sacrament.

Aims and Objectives

The primary aim of Our Lady of Fatima Convent Sec. School is to realize the Education Vision of the Institute by imparting integral education (spiritual, mental, moral, cultural and physical) to all students admitted to this institution irrespective of caste, race or religion.

Education Vision of the Franciscan Clarist Sisters of the Most Blessed Sacrament

Society is committed to :

- The education of the young with a preferential option for the poor, the marginalized or the under-privileged in the slum/interior rural areas.
- The care of the orphaned/destitute children and lonely old women.

MISSION

1. The society considers schools as an effective agent in promoting the integral formation of the child in the Gospel spirit of love and freedom – a love that excludes no one because of religion, nationality or race- in order to shape a better human society.
2. Its educational service aims at forming the students to be intellectually competent, normally sound, psychologically whole, spiritually oriented, culturally integrated, socially responsible, growing in friendly and harmonious interpersonal relationship, imbued with a deep sense of noble values and concern for the least fortunate and ever open to further growth.
3. The society endeavours to create a school climate as the nucleus of a wider better society by:
 - Acknowledging God's tender love as the binding force of our pluralistic community and following the teaching of Jesus Christ, the one genuine teacher.
 - Providing healthy and morally sound life style that liberates the child from the forces of evil in the cultural, economic, social and political order.
 - Rejecting counter values that threaten human dignity, viz, violence, racial hatred, injustice etc.
 - Rooting out all manifestations of egoism namely, rebellion, pride etc.
 - Fostering noble virtues like affection, respect, obedience, gentleness, forgiveness, gratitude, helpfulness, service and good example.
 - Promulgating peace, justice, freedom concern and progress for all especially the downtrodden bearing in mind that everyone is a child of the same Father, created in His own image.
 - In its pursuit of excellence- the fullest possible development of all the dimensions of the pupil's personality – the society strived to engage men and women of high professional competence, moral integrity and dedication.
 - For the realization of its educational objectives, the society relies on the whole-hearted cooperation of the parents, the authentic personal witness of inspired competent committed teachers and the genuine receptivity of students.

CHILD PROTECTION POLICY

Institutions are gardens where young children flower into honest and upright citizens of character and conviction. We empower them through holistic education focusing on all round development by creating a healthy school environment where all children are respected, all discriminations based on economic background, caste, creed, language or region are avoided. It is not only the physical safety that we are concerned about but also emotional and spiritual safety. We commit ourselves to caring for the needs of the young and empower them to achieve their full potential so that they may live life to the full. Any harm done to children intentionally or unintentionally, that damages the prospects of safe and healthy development of children into adulthood by individuals, institutions or processes through commission or omission would be considered abuse. The school takes all appropriate measures to prevent any abuse or exploitation. It provides a welcoming atmosphere where parents/guardians, students and staff feel comfortable to express concerns about child protection issues. The school respects the rights and freedom of each individual, firmly believing that our education and intervention will enable them to become more balanced and well integrated. We commit ourselves to protect children from all forms of abuse and exploitation and take all appropriate measures to prevent any kind of abuse. Parents and Guardians are requested to collaborate by persuading children to be disciplined, respectful, well mannered and moderate in their use of social media and avoid any type of bullying and aggressive behaviour. We believe that each child is a gift from God born with inherent dignity and right to respect. Protecting every young person entrusted to our care is not only our duty and responsibility but also our priority.

SAFETY RULES

Take permission before going anywhere: Teach your kids to take permission before they go anywhere. This is because you would know about the place and make sure whether it is safe for your child or not before allowing her to go there. On the other hand, you will also be aware where your child is.

Know all the important personal details: Make your child learn their address, parent cell numbers and emergency phone numbers. This will help your child to get in touch with you at the earliest if she finds herself in any kind of danger. Your child should know where to call during emergency.


Do not hesitate asking for help: When in danger teach your child to ask for help. Ask them to trust their instincts during adverse times. Also let your child understand that adults do not ask children for help and if someone asks them to come along with them in the car, they should say 'no' and run away from there. What to do with when lost: Your child may get lost especially when they are in a crowded place. Teach them to reach a safe place or yell, scream or ask for help from any parent with how to immediately get in touch with family members.

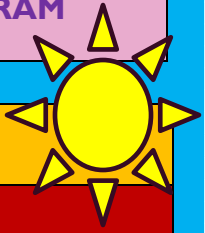
No to strangers: Teach your children not to take anything from strangers or go with someone you do not know. Also, they should not do anything that they are not comfortable doing. Leave your child with the people whom you trust completely.

Do not keep secrets from parents: Do listen to your child and ask her about things and whom she meets. Talk to them about their day and everything and make them understand that they should not keep secrets from their parents. If someone asks them to keep secrets they should immediately let their parents know about that.

Develop Healthy Practices to Protect Yourself from Coronavirus: Teach your children to wash their hands often with soap and water for at least 20 seconds, especially after being in a public place, or after blowing their nose, coughing or sneezing. They should cover their nose and mouth with a disposable tissue/handkerchief when coughing or sneezing. If soap and water are not readily available, they should use a hand sanitizer with at least 60% alcohol. Children should avoid touching their eyes, nose and mouth with unwashed hands. They should wear N95 or a 3-ply mask to cover their mouth and nose when around others in public.

MONTH	EVENTS
APRIL	NEW ACADEMIC SESSION BEGINS
	WORLD HEALTH DAY GOOD FRIDAY/MAHAVIR JAYANTI PARENT-TEACHER MEETING INSTITUTE WEEK CELEBRATION/ACTIVITY
	EARTH DAY CELEBRATION SPORTS ACTIVITIES INVESTITURE CEREMONY COMMUNITY OUTREACH PROGRAM

MONTH	EVENTS
MAY	INSTITUTE DAY /LABOUR'S DAY CELEBRATION
	EID UL-FITR SUBJECT ENRICHMENT ACTIVITIES PARENT-TEACHER MEETING SPORTS ACTIVITIES MOTHER'S DAY BUDDHA PURNIMA PERIODIC TEST- I EXTRA CLASSES SUMMER VACATION COMMUNITY OUTREACH PROGRAM



MONTH

JUNE




READ • LEARN • EXPLORE



MONTH	EVENTS
JULY	SCHOOL REOPENS
	CLUB ACTIVITIES(RAKHI, CARD MAKING)
	PARENT – TEACHER MEETING
	EID UL- ADHA
	SPORTS ACTIVITIES
	WORLD NATURE CONSERVATION DAY(INTERHOUSE ACTIVITY)
COMMUNITY OUTREACH PROGRAM	

MONTH	EVENTS
AUGUST	INTER HOUSE ACTIVITIES
	MUHARRAM
	SUBJECT ENRICHMENT ACTIVITY
	SAINT CLARE'S DAY
	RAKSHA BANDHAN
	INDEPENDENCE DAY
	PARENT-TEACHER MEETING
	JANMASHTAMI
	SPORTS ACTIVITIES
CLUB ACTIVITIES	
COMMUNITY OUTREACH PROGRAM	

MONTH	EVENTS
SEPTEMBER	TEACHERS' DAY
	GRAND PARENT'S DAY
	PARENT-TEACHER MEETING
	MID TERM EXAMINATION
	HINDI DIWAS
	CLUB ACTIVITIES
GIRL CHILD DAY	
COMMUNITY OUTREACH PROGRAM	

“Go, enkindle and carry the love of the Eucharistic Jesus to all. Sanctify yourself and then the others; have great love for him.” –Mother Seraphina

MONTH**OCTOBER****EVENTS**

GANDHI JAYANTI CELEBRATION

SAINT FRANCIS OF ASSISI DAY

DUSSEHRA HOLIDAYS

PARENT-TEACHER MEETING

SUBJECT ENRICHMENT ACTIVITIES

DIWALI CELEBRATION & HOLIDAYS

CLUB ACTIVITIES & INTER HOUSE ACTIVITY

SOCIAL SCIENCE ACTIVITY WEEK

MATHEMATICS ACTIVITY WEEK

COMMUNITY OUTREACH PROGRAM

MONTH**NOVEMBER****EVENTS**

HARYANA DAY-HOLIDAY

PARENT-TEACHER MEETING

GURU NANAK JAYANTI

CHILDREN'S DAY

PERIODIC TEST -II

1st PRE-BOARD (CLASS X)

CONSTITUTION DAY

CLUB ACTIVITIES AND INTERHOUSE ACTIVITIES

SPORTS ACTIVITIES

COMMUNITY OUTREACH PROGRAM

HINDI ACTIVITY WEEK

SCIENCE ACTIVITY WEEK

“Draw your strength and vitality from the Fountain of Life” –Mother Seraphina

MONTH	EVENTS
DECEMBER	ANNUAL DAY CELEBRATION
	SUBJECT ENRICHMENT ACTIVITIES
	PARENT-TEACHER MEETING
	INTER HOUSE ACTIVITIES
	SPORT ACTIVITIES
	CHRISTMAS CELEBRATION & HOLIDAYS
	HUMAN RIGHTS DAY (CLUB ACTIVITY)
	COMMUNITY OUTREACH PROGRAM
	ENGLISH ACTIVITY WEEK
COMPUTER SCIENCE ATIVITY WEEK	
SANSKRIT AND G.K. ACTIVITY WEEK	

MONTH	EVENTS
JANUARY	WINTER BREAK
	SCHOOL RE-OPENS
	PRE BOARD -II
	CLUB ACTIVITIES
	REPUBLIC DAY CELEBRATION
	COMMUNITY OUTREACH PROGRAM

MONTH	EVENTS
FEBRUARY	ANNUAL EXAMINATION
	PARENT-TEACHER MEETING

“Nothing is small in God’s eyes because he sees our intentions”
 - Mother Seraphina

INTER-HOUSE ACTIVITIES

APRIL

THEME : INSTITUTE WEEK CELEBRATION

CLASS	ACTIVITY
I	Thumb Painting of the picture of Mother Seraphina
II	Colouring of the picture of Mother Seraphina
III & IV	Book mark making with quotes of Mother Seraphina
V & VI	Memorizing and writing the quotes of Mother Seraphina
VII & VIII	Calligraphy of the quotes of Mother Seraphina
IX & X	Portrait/Sketch of Mother Seraphina

AUGUST

THEME : INDEPENDENCE DAY

CLASS	ACTIVITY
I & II	Fancy Dress
III	Hindi Poem Recitation with Prop
IV	English Poem Recitation with Prop
V & VI	Declamation
VII & VIII	Skit on forgotten Heroes
IX & X	Debate

“The job of educator is noble yet arduous. In the first place you should undertake it not for profit or any other lucrative considerations, but exclusively for the glory of God and the good of the pupils.”

–Mother Seraphina

INTER-HOUSE ACTIVITIES

OCTOBER

THEME :

CLASS	ACTIVITY
I	Spell Bee (English)
II	Spell Bee (Hindi)
III & IV	Mono Acting/Mimicry
V & VI	Short Skit
VII & VIII	Cultural Regional Group Dance
IX & X	Street Play
I - V	Handwriting Competition
VI - X	Rangoli Competition

DECEMBER

THEME : CHRISTMAS

CLASS	ACTIVITY
I	Show and Tell
II	Drawing and Colouring
III & IV	Christmas Tree Decoration
V	Carol Singing (Hindi)
VI	Carol Singing (English)
VII & VIII	Bible Skit on Values
IX	Crib Making
X	Self Composed Poem on Christmas
I - V	Essay writing competition
VI – IX	Story writing Competition

“The real divine thermometer is to do the will of God”

-Mother Seraphina

**ACTIVITIES TO BE CONDUCTED ON EVERY
WEDNESDAY & SATURDAY: YOGA ASANAS**

**ACTIVITIES FOR CLASS I-V TO BE CONDUCTED ON EVERY THIRD FRIDAY
OF THE MONTH**

APRIL	Hindi Poem Recitation (I-II)
	English poem recitation (III - IV)
	Speech on 'Prevention is Better Than Cure' (V)
MAY	Solo Dance (I-V)
	Show and Tell (I-II)
	Hindi Poem Recitation (III)
	Quilling (IV-V)
AUGUST	Fancy Dress-Leaders: (I - III)
	Fancy Dress-Different states with Slogans (IV)
	Singing-Patriotic Song : (V)
SEPTEMBER	Play with Clay (III – IV)
	Mathematics Quiz – (I – II)
	Story Telling : (V)
OCTOBER	Chef at Work –(Sandwiches) : (I-IV)
	Calligraphy Writing –Quotes of Mother Seraphina : (V)
NOVEMBER	Making Design with Shapes (I – II)
	Book Mark (III – IV)
	Folder Making (V)
DECEMBER	Making Snowballs (I - II)
	Christmas Candle (III)
	Christmas Card (IV)
	Decorating Christmas Tree (V)
FEBRUARY	Best out of waste (Transport) (I -II)
	Collage on Creativity (IV –V)
	Magic of Cotton Buds (III)

CLUB ACTIVITIES (CLASS I -VIII)

APRIL	
CLASS	ACTIVITY
I	Fun with Ice- Cream Sticks
II	Fun with Ice- Cream Sticks
III	Fun with Ice- Cream Sticks
IV	Ice- Cream Stick Activity
V	Calligraphy (Inspiring Quotes)
VI	Poem Recitation
VII	Poem Recitation
VIII	Poem Recitation

MAY	
CLASS	ACTIVITY
I	Magic of Match Sticks(Pasting)
II	Paper Flower Making
III	Yoga (Breathing Exercises)
IV	Story Telling
V	Story Telling
VI	Workshop on Bio-Enzymes
VII	Story Telling
VIII	Workshop on Bio-Enzymes

JULY	
CLASS	ACTIVITY
I	Fun with Paper
II	Sulekh Lekhan
III	Magic with Match Sticks
IV	Hand Writing Competition
V	Paper Folder Making
VI	Paper Bag (Message on save environment)
VII	Wall Hangings (Message on Nature Conservation)
VIII	Poster making on Kargil Diwas

AUGUST

CLASS	ACTIVITY
I	Paper Folding
II	Spell-Bee
III	Photo Frame Making
IV	Paper Bag Making
V	Spell - Bee
VI	Plantation Drive
VII	Plantation Drive
VIII	Plantation Drive

SEPTEMBER

CLASS	ACTIVITY
I	Creative Collage
II	Poem Recitation
III	Flower Making
IV	Hasya Kavita Path
V	Pot Decoration
VI	Story Telling
VII	Floral Pot (carrying notes on Teachers' Day)
VIII	Pen holder from waste material on Teacher's Day

OCTOBER

CLASS	ACTIVITY
I	Spell-Bee
II	Clay Art
III	Envelope Making
IV	Cooking without Fire
V	Cooking without Fire
VI	Clean Air Awareness Program
VII	Clean Air Awareness Program
VIII	Clean Air Awareness Program

NOVEMBER

CLASS	ACTIVITY
I	Writing (English & Hindi)
II	Snow man
III	English Poem Recitation
IV	Paper Craft
V	Christmas and New year card making
VI	Handmade Christmas Decoration Items
VII	Handmade Christmas Decoration Items
VIII	Christmas and New year card making

DECEMBER

CLASS	ACTIVITY
I	Candle Decoration
II	Candle Decoration
III	Poem -Recitation
IV	Poem -Recitation
V	Poem -Recitation
VI	Book Mark Making
VII	Book Mark Making
VIII	Story Telling

JANUARY

CLASS	ACTIVITY
I	Creativity with Cotton Buds
II	Paper Folding
III	Winter Season (Paragraph Writing)
IV	Slogan (English & Hindi)
V	Hand Writing Competition
VI	Calligraphy writing on Quotes of Mother Seraphina
VII	Calligraphy writing on Quotes of Mother Seraphina
VIII	Creative story writing in Hindi

Assembly on Special Occasions

SNO.	THEME	CLASS
1	OPENING DAY	X A
2	INSTITUTE DAY AND LABOURS DAY	X D, X E, V A , V B
3	MAHAVIR JAYANTI	IX A, IX C
4	WORLD HEALTH DAY	V B , VII C, VII B , IX E
5	MOTHER'S DAY	IV, VIII A , VIII B
6	ST. CLARE'S DAY	II , V C , IX C, IX D
7	INDEPENDENCE DAY	VI C, V D, IX E, IX B, VII C
8	RAKSHA BANDHAN	V E, V A, VIII C, III
9	TEACHERS' DAY	IV , VI B, VIII D, X B
10	GRAND PARENTS' DAY	I , II ,III
11	GANDHI JAYANTI	II , VI D , VII A, VI E
12	ST.FRANCIS DAY	VI A, VII B, IX A, X C
13	DIWALI	V C, VII D, VII E, VI D
14	EID	VIII B , IX B
15	GURU NANAK JAYANTI	VIII C, VII E, VIII E
16	CONSTITUTION DAY	VI C, VII A, VII D, IX D
17	CHRISTMAS CELEBRATION	I , VI E, V D, VIII D, VIII A
18	REPUBLIC DAY	V E, VI A, VI B, VIII E
MARCH PAST		
INDPENENCE DAY		VIII , IX AND X
REPUBLIC DAY		V , VI, VII



SPORTS ACTIVITY CALENDER



MAY

CLASS	ACTIVITY	CLASS	ACTIVITY
I	50 Mtr. Race	VI	100 Mtr. Race
II	100 Mtr. Race	VII	200 Mtr. Race
III	100 Mtr. Race	VIII	200 Mtr. Race
IV	Sack Race	IX	200 Mtr. Race
V	100 Mtr. Race	X	200 Mtr. Race

JULY

CLASS	ACTIVITY	CLASS	ACTIVITY
I	Banana Race	VI	Skipping Race
II	Lemon and Spoon Race	VII	4 x 100 mtr. Relay Race
III	Mathematical Race	VIII	4 x 100 mtr. Relay Race
IV	Tug of War	IX	4 x 100 mtr. Relay Race
V	Mathematical Race	X	4 x 100 Mtr. Relay Race

AUGUST

CLASS	ACTIVITY	CLASS	ACTIVITY
I	Come with Partner	VI	Three leg Race
II	Banana Race	VII	Throw Ball
III	Sack Race	VIII	Shuttle Race
IV	Lemon and Spoon Race	IX	Shuttle Race
V	Three leg Race	X	Skipping Race

SEPTEMBER

CLASS	ACTIVITY	CLASS	ACTIVITY
I	Finding the House	VI	Sack Race
II	Sack Race	VII	Shuttle Race
III	Tug of War	VIII	Basket Ball
IV	Bursting the balloon	IX	Volley Ball
V	Sack Race	X	Kho-Kho



OCTOBER

CLASS	ACTIVITY	CLASS	ACTIVITY
I	Lemon and Spoon Race	VI	Dodge Ball
II	Tug of War	VII	Basket Ball
III	Lemon and Spoon Race	VIII	Skipping Race
IV	Three leg Race	IX	Basket Ball
V	Lemon and Spoon Race	X	Volley Ball

NOVEMBER

CLASS	ACTIVITY	CLASS	ACTIVITY
I	Sack Race	VI	Throw Ball
II	Mathematical Race	VII	Kho-Kho
III	Bursting the balloon	VIII	Kho-Kho
IV	Finding the House	IX	Kho-Kho
V	Skipping Race	X	Basket Ball



DECEMBER

CLASS	ACTIVITY	CLASS	ACTIVITY
I	Tug of War	VI	Tug of War
II	Bursting the balloon	VII	Tug of War
III	Three leg Race	VIII	Tug of War
IV	100 mtr. Race	IX	Tug of War
V	Dodge Ball	X	Throw Ball

JANUARY

CLASS	ACTIVITY	CLASS	ACTIVITY
I	Bursting the balloon	VI	Lemon and spoon Race
II	Finding The House	VII	Republic Day Practice
III	Finding The House	VIII	Republic Day Practice
IV	Mathematical Race	IX	Republic Day Practice
V	Tug of War	X	Tug of War

BULLETIN BOARD TOPICS (CLASS I- X)

APRIL : Health is Wealth: Be safe/Vision of our Foundress, Mother Seraphina

MAY : Without Labour Nothing Prospers/Dignity of Labour

JULY : Welcome Monsoon

AUGUST : Patriotism:A Tribute to the Freedom Fighters/Journey of Independence

SEPTEMBER : A Teacher Affects Eternity:Teachers as Mentors

OCTOBER : The Essence of culture can be found in festivals/Light lamps to celebrate the victory of Light over Darkness

NOVEMBER : GirlChild: Nation's Pride/Gratitude is the Best Attitude

DECEMBER : Joy to the World:Embrace the Essence of Christmas

JANUARY : Republic Day/The Story behind the Indian Constitution

FEBRUARY : Self-belief and Hard Work will always paid



CLASS WISE THEMES FOR ASSEMBLY 2022-23

CLASS	THEME
X A	Personality Development /Power of Prayers
X B	Emerging Technology / Perseverance
X C	Say No with Conviction/ Forgiveness
X D	Spiritual Growth/Social Media and Youth
X E	Time Management/Positive Attitude
IX A	Never Give up/India of My Dreams
IX B	Importance of Yoga in Life/ Failure is the stepping stone to success
IX C	Self-Discipline/Cultural Diversity of India
IX D	Teamwork/Honest and Visionary leaders
IX E	Charity/Values to be imbibed in the Present Generation
VIII A	Importance of Nature in Today's Era/ Meditation and Health
VIII B	Team spirit / Role Model
VIII C	Positive Attitude/Togetherness
VIII D	Honesty/Patience
VIII E	Joy of Sharing /Charity
VII A	Courtesy/Secret of Happiness
VII B	Power of Reading/Ethics and Etiquettes
VII C	Tolerance /Mindfulness
VII D	Power of Concentration/Plastic is not Fantastic
VII E	Creativity/Motivation
VI A	Truthfulness/Secret of Happiness
VI B	Creativity/Eco friendly life
VI C	Failure is the Stepping Stone to Success/Courtesy
VI D	We get What We Deserve/ Positive Attitude
VI E	My Values in life/Punctuality
V A	Cleanliness is Next to Godliness / Self Awareness
V B	Time is Precious/Time Management
V C	Peace and Harmony / Love for Nature
V D	Being Focused/ Generosity
V E	Compassion and Empathy /Co-operation
IV	Sharing and Caring / Self- Confidence/Punctuality
III	Courage/Obedience/Kindness
II	Good manners/Sincerity /Friendship
I	Early to Bed and Early to Rise/ Our Grandparents and Unconditional Love/Respect the Elders

“A Good Teacher is the soul, the treasure , the jewel of her students, of the family, of her country “ -Mother Seraphina